

Business Name	<u>Open</u>	Current Hours	Services Offered
Members			
Barcelos NorthWoods Village			
119 2120 Dollarton Highway	Yes	Onen 11:20am to 9nm	Pick Up / Delivery / Home
604-770-2990	res	Open - 11:30am to 8pm	Delivery
BarcelosCanada.ca			
British Butcher Shoppe			
703 Queensbury Ave	Yes	Closed Monday.	Phone
604-985-2444	res	11:00-5:00 Tues to Sat	Priorie
www.thebritishbutchershoppe.com			
Cahill CPA			Online Services / Shopping
103- 145 15th street west	Yes	9-5 - Remote Service	/ Phone / Email
www.cahillcpa.ca			/ Filone / Email
Canadian Mental Health Assoc.,			
North & West Van	Yes	By appointment	Online Worshops /
#300-1835 Lonsdale Avenue	163		Lectures / Email
northwestvancouver.cmha.bc.ca			
Capilano Maritime Design Ltd.		Office is closed, but staff working remotely	
110, 18 Gostick Place	Yes		
www.capilanomaritime.com			
Carlson Construction Group /		800am - 400pm	
Vancouver Pile Driving	Yes		
20 Brooksbank Ave.			
Contact Printing		Tues - Thurs 8 - 4:30pm	Online Services / Shopping
339 West 2nd Street	Yes		/ Phone / Email
www.contactprinting.com			/ Filone / Linan
Cortex Marketing		Mon-Sat 8AM – 7PM	
1552 St. Andrews Avenue	Yes		Online Services / Phone /
william@dickinsonent.com	163		Email
www.cortexmarketing.ca			
Cove Health Vitamins and Supplements			
399 Dollarton Hwy N			
604-929-1979	Yes	11am-4pm, Monday-Saturday	Phone / Email / Pick Up
cathy@covehealth.ca			
www.covehealth.ca			
CSN Elite Body Shop			
142 Fell Ave	Yes	9am - 4pm	Open - essential service
604.987.4408	163		Open - essential service
www.elitebodyshop.ca			



Business Name	Open	Current Hours	Services Offered
Cypress Physiotherapy and Health	<u> </u>	- Carrolle Hould	30111000 0110100
300-145 15th St W			
604-210-4696	Yes	 8am-8pm Mon - Fri	Phone / Online
	165	Saiii-Spiii Woii - Fii	Priorie / Orilline
cypressphysio.ca			
info@cypressphysio.ca, DaisySandwiches and Such	-		
1089 Roosevelt Crescent			
(604) 982-0883		Mon to Fri, 8:00am to 2:00pm	Phone / Take Out
1.			
www.daisysandwiches.com DeRosa Automotive Service Ltd			
110 Fell ave	Yes	8am - 5:30am	Online / Phone / Email
604-988-2239			
www.derosaauto.ca			
Digby Leigh & Co.	V	M F 9:20am F:00	All of our service offerings
201 - 3053 Edgemont Blvd.,	Yes	M-F 8:30am-5:00pm	are operational
www.leighco.ca	_		<u> </u>
Dominion Blue Reprographics			Online / Phone / Email /
#104 - 828 Harbourside Drive	Yes	8AM - 4:30PM	Pick Up / Delivery / Home
604-681-7504			Delivery
www.dominionblue.com			,
Evergreen Computers			
1914 Lonsdale Ave.	Yes	M-F, 9:30 to 6pm	
604-990-3960		, ' '	
sales@evergreencomputers.ca			
eXtra Contact	Yes		Online
extracontact.com			
Fingerpress Printing Ltd.			Online / Phone / Email /
#106 - 814 West 15th Street	Yes	9-5, M-F.	Pick Up / Delivery / Home
604.980.6434			Delivery
eva@fingerpress.com			· · · · · ·
Harbour West Consulting Inc.			
Suite 300 - 92 Lonsdale Ave	Yes	M-F; 9-4	
604-998-4032			
www.hwest.ca			
Hollyburn Funeral Home			
1807 Marine Drive, West Vancouver	Yes	8:30am to 5pm Monday to Friday	Online Services/Shopping
www.hollyburnfunerals.com			
IWS Internet Web Solutions	Yes		Online / Email
iwsdesign.ca	103		Jimie / Linuii
Jeff Dennis - RE/MAX Crest Realty			
101-2609 Westview Dr.	Yes	24 hrs	
604-351-5103	163		
www.jeffdennis.ca			



Business Name	Open	Current Hours	Services Offered
Lakes Whyte LLP			
200 - 879 Marine Drive			
604 984 3646	Yes	9 to 5	Phone / Email
info@lakeswhyte.com			
lakeswhyte.com			
Lonsdale Quay Hotel			
123 Carrie Cates Court			
604-986-6111	Yes	24 Hours	Online / Phone / Email
sales@lonsdalequayhotel.com			
www.lonsdalequayhotel.com			
Lynn Valley Centre			
1199 Lynn Valley Road	Yes	11am -6pm, Mon - Fri	Pick Up
www.shoplynnvalley.com			
Macca Business Solutions			Ouling
718-333 Brooksbank Ave, Suite 233	Yes	Monday to Friday 9am to 5pm	Online
maccabusinesssolutions.com			Workshops/Lectures
MacCormac & Company,			
Chartered Professional Accountants			
401 - 545 Clyde Avenue, W Van	Voc	9:00 am to 4:00 pm, Monday - Friday	Business as usual, no in-
604-922-2335	Yes		person meetings
office@maccormac.ca			
www.maccormac.ca /			
Maple Leaf Self Storage Inc.			
250 Talylor Way	Yes	9 am till 5 pm Mon - Sun	
www.mapleleafstorage.com			
Moiez Ladak CPA			
904 - 2008 Fullerton Ave	Yes	9.30 am to 5.30 pm	Phone / Email
moiez.ladak@gmail.com			
Morpac Mechanical Ltd.			Phone / Email / Home
102-1300 Lougheed Highway	Yes	9am - 2pm	Delivery
www.morpacmechanical.com			Delivery
Mount Royal Bagel Factory			Online Services / Shopping
701 Queensbury ave	Yes	9:00-3:00, Closed Sun & Mon	/ Phone / Email / Take Out
604-904-1116		0.000 0.000, 0.00000 00.11 00.111011	/ Pick Up / Home Delivery
Info@mntroyalbagel.com			, rick op , riome benvery
North Shore Community Resources		9am to 4:30pm Monday to Friday - some	Phone / Email / Home
201- 935 Marine Drive	Yes	weekend services	Delivery
www.nscr.ca			1
North Shore Law LLP			
171 West Esplanade	Yes	9-4	
604.980.8571			
www.northshorelaw.com			



Business Name	<u>Open</u>	Current Hours	Services Offered
North Shore Restorative Justice Society			
147 E 14th Street	Yes	Flexible schedule - virtually	Virtual Services
www.nsrj.ca			
North Shore Signarama			
110-828 Harbourside Drive	Vas	0.5.44.5	
solutions@northshoresignarama.ca	Yes	9-5 M-F	
northshoresignarama.ca			
North Shore Sports Medicine		tolohoolth who sigth over and kingsislass.	
604.973.0242	Yes	telehealth physiotherapy and kinesiology	Online / Phone
www.nssm.ca		appointments - call or go online to book	
North Shore Women's Centre			
131 East 2nd Street		Mon-Thur, 9:30am-3:00pm (phone &	Online Marchens /
604.984.6009	Yes	email support); 10:30am-1:00pm	Online Worshops /
www.northshorewomen.ca		(emergency food & toiletries by appt)	Lectures / Phone / Email
info@northshorewomen.ca			
Northshore Auto Mall		Sales: Mon-Sat 9 – 6,	Online Services / Shopping
805 Automall Drive	Yes	Service & Parts: Mon- Fri 7:30-5:30, Sat	/ Phone order Service-
805 Automaii Drive		8:30 – 5	Pickup & Drop off
OakTree CPA			
3112 Boundary Rd, Burnaby (Upstairs)	Yes	10a - 2p	Online / Phone / Email
www.oaktreecpa.ca			
Paperclip Law Corporation			
308-221 West Esplanade			
604-973-0188	Yes	9 am - 5 pm, Mon - Fri	Phone / Email
sayhi@papercliplaw.com			
www.papercliplaw.com			
Perennial Pleasures Landscape Design			Landscape design and
629 E 11th St E	Yes	9am-8pm Mon -Sat	garden care
778 991-1656			garden care
Persaj Countertops Inc			
1073 Churchill Crescent			
778-840-0108	Yes	9AM-4PM	Phone / Email
dmesgar@persaj.com			
www.persaj.com			
Podium Mobile Detailing			
132 4th St West	Yes	9am - 6pm	Home Delivery
Podiummobiledetailing@gmail.com	165	[σαιτι - οριτι	Thome Delivery
Autodetailingvancouver.com			
Railtown Law			nhono vidoo consults
#101-1861 Welch Street	Yes		phone, video consults,
railtownlaw.com			in person (please call first)



Pusiness Name	Open	Current Hours	Services Offered
Business Name	<u>Open</u>	Current riours	<u>Jervices Offered</u>
Ready set show home staging & furniture rentals			
	Vos	Warehouse closed. Only virtual	Virtual home staging
106 garden ave 604 984-7469	Yes	appointments	estimates
Info@Readysetshow.ca Ritchie Collision			
130 Pemberton Ave. #101.			
	V	Man. Fri. 0:00 and F:20 and	
604-987-7111	Yes	Mon - Fri: 8:00 am - 5:30 pm.	
mail@ritchiecollision.com www.ritchiecollision.com			
Sebreeze Refrigeration & Air Conditioning 604-924-8002	V	Ones to Asses Manufacto Friday	Dhana / Engil fan annian
	Yes	8am to 4pm, Monday to Friday	Phone / Email for services
bob_seabreeze@hotmail.com			
Shakespeare Homes & Renovations Inc			
106, 173 Forester Street	Yes	07:00 - 16:00	
mcooper@shakespearehomes.com			
www.shakespearehomes.com			
Silver Harbour Seniors' Activity Centre	V	Mon to Fri, 10am-3pm	Phone / Email / Pick Up /
144 East 22nd Street	Yes	(by phone/online only)	Home Delivery
www.silverharbourcentre.com			
Sima Mazarei Professional Notary Corp		5:000.500	
106-252 Esplanade West	Yes	Mon - Fri: 9:30 to 5:30	Legal Services
www.1notary1.com			
Sky Spirit Studio + Consulting			
354 Chief Joseph Cr.		By appointment	Online / Phone / Email / Home Delivery
604-202-9551	Yes		
info@skyspiritstudio.com			
www.skyspiritstudio.com			
South Chair Media			
234a Esplanade Avenue East	Yes	variable weekday office hours	Online Services / Workshops
gordie@southchairmedia.com			
www.southchairmedia.com			
sultanbookkeeping	V	8-5	Online Services / Shopping
7165 Rockland wynd, W Van	Yes		/ Phone / Email
csultanb15@ gmail.com			
The Botto Team			
2996 Lonsdale Avenue	Yes	24/7	Online / Phone / Email
604-984-7253			
Jasmine@thebottoteam.com			
The Lovenest			
119 East 1st Street	Yes	Wed-Sat 12-5, Sunday 12-4	Online / Phone / Email
604-987-1175			
www.lovenest.ca			



Business Name	<u>Open</u>	<u>Current Hours</u>	Services Offered
Thomas Haas Chocolates			
Unit 128 - 998 Harbourside Drive			Online Services / Shanning
604-924-1847	Yes	Wed - Sat, 9am to 4pm; closed Sun to Tue	Online Services / Shopping
www.thomashaas.com			/ Phone / Email / Pick Up
info@thomashaas.com			
Tideys Trophies			
#105 - 1075 West 1st St	Yes	9-6 weekdays	Online / Phone / Email
tideys.com			
Tireland Performance Centre Ltd			
300 Esplanade East	Vos	Mon - Friday 9:00 am - 5:30 pm, Saturday	
604-980-1578	Yes	by appt	
www.tirelandperformance.com			
Tutor Doctor North Vancouver			
205-1801 Welch St.	Vac	Man Fri Com Com	Online tutoring - All
778-340-3100	Yes	Mon-Fri, 9am-6pm	subjects
info@tutordoctornorthshore.com			
Twin Lions Contracting Ltd.			
104 - 980 West 1st Street			
604 210-8435	Yes	7:30 am - 4:30 pm	Home Renovation
info@twinlionscontracting.com			
www.twinlionscontracting.com			
VanCity Basketball Academy			
1680 McGuire Avenue			
604-715-0887	Yes	Whenever possible	Online / Phone / Email
info@vancitybasketball.com			
www.vancitybasketball.com			
Waterfront Business Centre			Dhana / Oalina
220 - 145 Chadwick Court	Vas	24/7	Phone / Online
778 945 3000	Yes	24/7	private, isolated office
www.simplyoffice.ca			spaces
Waypoint Insurance Services Inc.			
117-2120 Dollarton Hwy	Vac	8:30am - 8pm Mon - Fri, 8:30am to 5pm	Online Services / Shopping
604-310-8442	Yes	Sat & Sun	/ Phone / Email
waypoint.ca			
You Move Me			Dhana / Email / Hama
8331 Eastlake Drive #108, Burnaby	Yes	Normal	Phone / Email / Home
www.youmoveme.com			Delivery
Zimba Design			
92 Lonsdale Ave.	Vaa	100m 4nm	Online / Dhane / Free!
604-803-5532	Yes	10am - 4pm	Online / Phone / Email
contact@zimba.ca	<u>L</u>		



Business Name	<u>Open</u>	Current Hours	Services Offered
Gregson Insurance & Investment Solutions - The Co-operators Lonsdale Agency Gregson_Insurance@cooperators.ca www.cooperators.ca/local/Gregson-Insurance	No	Office is closed, Advisors working remotely	Online / Phone / Email
Sue's Guest Cottage 158 East 3rd 604 985 1523	No		
SureStay Hotel by Best Western 1634 Capilano Rd www.bestwesterncapilano.com	No		
The Green Moustache Café 117 West 1st Street www.greenmoustache.com	No		



Business Name	<u>Open</u>	Current Hours	Services Offered
Non-Members			
Colony Appliances			
1075 Roosevelt Cres			Online Comiese / Channing
604-985-8738	Yes	11 am - 5 pm	Online Services / Shopping
sales@colonyappliances.com			/ Phone / Home Delivery
Www.colonyappliances.com			
Coast Outdoors			Shopping by appointment /
352 Lynn Ave	Yes	10am -6pm	Phone / Home Delivery
604-987-2202			Filotie / Home Delivery
Champions Karate Academy Ltd.			
125 East 1st Street	No		
Championswayoflife.com			
Comfort Keepers			
204-132 West 15th Street	Yes	24 hours	
www.comfortkeepers.ca/northandwestvancou	163	24 110013	
ver			In-Home Senior Care
Coordinated Kitchen & Bath		Current hours: 10-4pm	Online Services / Shopping
123 East 1st Street	Yes	Limited access to showroom	/ Phone / Email
(604) 985-9128		Virtual consults and in-person by appt	/ Thorie / Email
Courage Space Coaching & Consulting			
6293 Wellington Ave	Yes	Mon - Fri, 9-5pm	Online Services / Shopping
https://couragespace.com			
Euro Handyman Ltd			
604-340-8732	Yes	Monday to Friday, 8-5	Phone / Email
Info@eurohandyman.com		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	,
EuroHandyman.com			
Floor Coverings International Northshore			
103-998 Harbourside Dr.			Online Services / Shopping
604-770-0866	Yes	9am-8pm	/ Phone
donna.shum@floorcoveringsinternational.com			/ I Hone
northshore.floorcoveringsinternational.com			
Goodlad clothing	Vaa	12.2/4 daily	Online Services / Shopping
221 esplanade, unit 60	Yes	12-3/4 daily	/ Phone / Email / Pick Up /
			Take Out / Home Delivery
Integra Tire & Auto Centre			
823 West 3rd Street			
604-984-3551	Yes	8-5 Monday - Friday	
integratirenv@shaw.ca			
integratirenorthvancouver.com			



Business Name	Open	Current Hours	Services Offered
Jägerhof Restaurant	<u> </u>		<u> </u>
71 Lonsdale Ave			
604.980.4316	Yes	Tuesday-Sunday 5pm-8pm	Take Out - Pick Up
www.jagerhof.ca			
Liffey Foods			
446 west 24th st			
Www.liffeyfoods.ca	Yes	It's all online so 24/7	Email / Pick Up
sinead@liffeyfoods.ca			
My Virtuous Assistant			
bushlou3@gmail.com	Yes	O to E Monday to Eriday	Online
	165	9 to 5 Monday to Friday	Online
myvirtuousassistant.wixsite.com/2020 North Van Kangen Water			
_			Phone / Pick / Home Delivery
2665 Mountain Hwy 604-312-9107	Yes	7 am - 7 pm Mon -Sun	
northvankangenwater@gmail.com			
North Vancouver Physiotherapy & Sports Clinic	Voc	Online services Monday to Friday	
1256 Marine Drive	Yes		Online Convines / Channing
Puccini's Deli	1		Online Services / Shopping
2027 Lonsdale Street		Mon-Fri, 9am - 5:30pm, Sat 9am-6pm, Sun 10am-5pm	Online Convines / Channing
604-985-6328	Voc		Online Services / Shopping / Phone / Email / Pick up / Delivery
info@puccinisdeli.com	Yes		
www.puccinisdeli.com			
Tamarind Hill Malaysian Cuisine			
1440 Lonsdale Ave	Yes	Lunch 11:30-3pm dinner: 5:00pm-9:00pm	Pick Up / Home Delivery, Curbside
604.990.0111	165		
The Black Bear Neighbourhood Pub			
1177 Lynn Valley Road			
1604-990-8880	Yes	3pm to 7pm	Phone / Pick Up / Delivery
Www.blackbearpub.com			
The Dye Lot Hair Studio			
63 Lonsdale Avenue	No	Giftcards and product available	delivery or curb side pickup
www.thedyelot.com	INU	Gircarus anu product available	lactivery of carb state pickup
Top Drawer Daycare			
604 828 2126 topdrawerdaycare@telus.net	Yes	7am to 6pm	
topdrawerdaycare.com	162	γαιτιο οριπ 	
topuraweruaycare.com			